

## 500 Miles

Beginner level dance  
Choreographed by Brandi VanHorn –January 2010  
16 beat wait Left foot lead

### **Part A**

4 clog  
2 triples  
4 clog  
4 brush  
4 clog  
2 triple brush  
4 clog  
2 Rocking Chairs

### **Part B**

2 triples hops---forward  
4 clog---backing up  
2 triples hops---forward  
4 clog---backing up

REPEA PART A  
REPEAT PART B

### **Part C**

Pushoff Left  
Pushoff Right  
4 clog  
Pushoff Left  
Pushoff Right

### **Break 1**

4 brush

REPEAT PART A

### **Break 2**

4 brush  
1 clog  
1 triple

REPEAT PART B  
REPEAT PART C  
REPEAT PART C again  
REPEAT PART B Step left to end