

## Nervous Breakdown

Edited music from Brad Paisley CD

Choreo: JJ VanHorn

**Intro:** 16 beat wait. Left foot lead Begin in column of couples offstage

- |   |  |
|---|--|
| 8 Clogs   | DSRS - Move on to stage in single column of couples                |
| 8 Clogs   | Center couple from column leads forward splitting                  |
|   | split forward couples ending in four single columns                |
| 8 Stomping Triples  | Stomp, DS, DS, RS – turn to center on 1 <sup>st</sup> stomp, back, |
|   | sides, then forward. Next three ¼ left each, last one forward      |
| 8 Clogs   | Reverse the line up within each of the two columns                 |
| 8 Clogs   | Left column of couples turns ½ left and moves to exchange          |
|   | position with other column of couples. Right column of             |
|   | couples moves forward to exchange positions with left              |
|   | column.  |
| 8 Clogs   | Original left column finishes exchange, original right             |
|   | column forms an arch with lead turning and diving from             |
|   | front to back, begin leading counter clockwise to form             |
|   | circle around other column   |
| 8 Clogs   | Original left column forms inner circle (left hand on              |
|   | shoulder in front) as others continue forming outer circle,        |
|   | end next to partner (left hand on partners shoulder, hold          |
|   | right hands)   |
| 2 Clogs   | Twirl to outside   |
| 2 Clogs   | Those twirled, back up to new person                               |
| <b>REPEAT ABOVE 2 STEPS, 2 MORE TIMES TO FACE ALL WALLS</b> |  |
| 4 Clogs   | Twirl 1 ½ to face new person, catch right hands                    |
| 1 Exchange  | Rock apart, 3 steps, to change sides                               |
| 4 Clogs   | Move forward single file in circles to meet partner and            |
|   | catch right hands  |
| 4 Clogs   | Turn turn right  |
| 4 Clogs   | Twirl to form circle, all facing in holding hands                  |
| 4 Brush   | DS, Brush-Heel   |
| 4 Clogs   | Chain across   |
| 4 Clogs   | Courtesy turn  |
| 6 Clogs   | Chain back to partner  |
| 2 Clogs   | Star through to form circle of couples facing counter              |
|   | clockwise  |
| 2 Clogs   | Moving couples arch  |
| 4 Clogs   | Non-movers dive under to new open position in front of             |
|   | movers   |
| 2 Clogs   | Non-movers California twirl to face movers                         |
| 8 Clogs   | Circle up and set positions  |
| 12 Clogs  | Swing through  |

4 Clogs	Twirl or swing
16 Clogs	Chase the Rabbit; Chase the Squirrel
1 Pivot	Ladies pivot $\frac{1}{2}$ left end in wrapped position
4 Clogs	Open small circles to one big circle
4 Clogs	Turn $\frac{1}{2}$ left as a couple
4 Clogs	Open up as a couple
4 Clogs	Movers on to the next couple
4 Clogs	Circle up $\frac{1}{2}$
4 Clogs	Movers dive to a center circle of all movers; Non movers California twirl
4 Clogs	Circle up right to move on 1 couple
4 Clogs	California twirl and move up to next couple
4 Clogs	Movers peel away, holding onto non-movers as all move forward
2 Brush Forward & Clog Back	
4 Clogs	All roll back to original small circle
4 Clogs	Movers swing; Non Movers in place
4 Clogs	Movers peel away, holding onto non-movers as all move forward
2 Brush Forward & Clog Back	
4 Clogs	All roll back to original small circle
4 Clogs	All swing
8 Clogs	Circle up full
8 Clogs	Non-mover lead, dives to ending position